Due to the current difficulties within our communities linked to COVID - 19 we want to share with you the support for you and your families.

We have enlisted the services of Hallam Care and are offering support to children/young people/families via telephone consultations/interventions. Should you encounter increased anxieties and emotional difficulties that require additional support then we are able to offer consultations. We can provide you with the resources or we can have a further conversation with the young person/ parent or carer over the telephone to help manage these concerns.

We are aware things are changing on a daily basis and also mindful of how the current climate is hugely impacting on everyone's emotional health and well-being. We shall continue to keep you updated regarding the services to continue to support you.

Hallam Care staff are listed below and waiting to hear from you.

Sharon Conyers - CBT Counsellor/Therapist Email: <u>sconyers@mcauley.org.uk</u> Phone: 07745273846	Laura Rendell - Counsellor/Psychotherapist Email: Irendell@hallam-diocese.com T: 0114 2566408 Mobile: 07825449306 E: www.hallam-diocese.com
Susan Fenny – Therapeutic Counsellor Email: sfenny@mcauley.org.uk Phone: 07895033985	Juliett Barrott: Psychodynamic Counsellor SKYPE - jbarrott2020counselling@gmail.com Facetime on Facebook JM Counselling Phone: 07512786442

We also have Mental health and well-being resources available on our website under the sections for staff, pupils and parents. You will also find a comprehensive list of helplines and website support.

https://www.mcauley.org.uk/