

Year
7

Who Am I?

Pupils will learn that they are completely unique persons, physically, mentally and emotionally.

Religious Understanding



Me, My Body, My Health

Changing Bodies

Pupils will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God's plan for them and He is with them throughout it all



Emotional Well-Being



Personal Relationships

Family & Friends

Pupils will learn about different types of friendship and family structure, and discuss how better to manage their behaviour through consideration of thoughts, feelings and actions

Life Cycles

Where We Come From

Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made.



Healthy Inside & Out

Pupils will learn about self-esteem: what contributes to it, how it can affect their lives and how to increase it



Keeping Safe



Living In The Wider World



My Life on Screen

Pupils will learn that they have online 'lives' that they need to take steps to safeguard, just as they do in real life

Living Responsibly

Pupils will learn the effects of their actions on others and understand the concept of social responsibility.

Life to the Full

M.

Year
8

Created & Chosen
Pupils will learn what makes them scientifically unique.

Religious Understanding



Me, My Body, My Health

Appreciating Differences
Pupils will learn about some of the ways in which people may choose to articulate their identity, including gender identity.



Personal Relationships

Tough Relationships
Pupils will learn the meaning of terms such as 'prejudice', 'discrimination', 'Protected Characteristics', 'tolerance', 'kindness' and 'forgiveness' and consider what these look like in real terms.

Life Cycles

Before I Was Born
Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real life impact of pregnancies carried to full term and otherwise.



Emotional Well-Being

Feelings
Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these.



Think Before You Share
Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.

Living In The Wider World



Keeping Safe



Wider World
Pupils will learn from history that prejudice can grow into discrimination without courage of upstanders, and that we all can, through our language and behaviour, play a part in dismantling prejudice at its root.

Life to the Full

Year
9

The Search For Love
Pupils will consider their desire to love and be loved

Religious Understanding

Me, My Body, My Health

Love People, Use Things
Pupils will learn about objectification: that when we love things, we tend to use people



Emotional Well-Being



Personal Relationships

Life Cycles

Fertility & Contraception
Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex.

Marriage
Pupils will learn about different types of committed relationships



In Control of My Choices
Pupils will learn about love, lust and delaying sexual intimacy: all with a view to making wise, informed and mindful choices.

One Hundred Percent
Pupils will learn that consent is not just gaining permission for something, but choosing to honour and respect one another as persons with innate dignity.

Living In The Wider World



Keeping Safe



Knowing My Rights & Responsibilities
Pupils will learn about physical consent, sexual exploitation and human rights

Life to the Full

M.

Year
10 &
11

Authentic Freedom

Pupils will learn about the objective reality of sex, and how this might impact people's decisions around relationships.

Religious Understanding



Me, My Body, My Health

Self-Image

Pupils will learn about different experiences of body shame, explore notions of 'dignity' and 'modesty' in relation to the body and consider that our bodies are good, as part of our unique, inseparable combination of body and soul.



Personal Relationships

Pregnancy & Abortion (Life Cycles)

Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood

Life Cycles

Parenthood (Personal Relationships)

Pupils will learn about the 1959 Declaration of the Rights of the Child and how this impacts legal Parental Responsibility, as well as considering the emotional and practical commitment that being a parent entails



Emotional Well-Being



Solidarity

Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis' concept of 'an integral ecology'. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad.

Beliefs, Values & Attitudes

Pupils will learn the meaning of the terms 'beliefs', 'values' and 'attitudes', how crucial they are in shaping our choices and that we should interrogate them regularly to ensure we are living the way we intend.



Keeping Safe



Abuse

Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim's fault.



Living In The Wider World

Life to the Full