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Dear Parent / Carer,

There are currently a high number of confirmed covid-19 cases in your school community.

We know you may find this concerning, but this letter aims to inform you of the current situation and to provide you with the latest information which we would ask you all to follow.

School remains open but has taken some steps to manage the increasing number of staff cases. All those not affected by covid-19 and who remain well should attend as normal.

**1. Action to take because of increasing COVID-19 cases in the school/setting:**

As a result of the positive covid-19 cases in the school, to help reduce transmission of the virus, you are advised for your child to use daily LFT (also known as LFD or rapid flow tests) tests for 7 days. Each day if the test is negative and your child is well, they can continue to attend.

**2. Action to take if your child develops COVID symptoms:**

If your child develops covid-19 symptoms (a new continuous cough, a high temperature, a loss of, or change in, your normal sense of taste or smell (anosmia)) they should go for a PCR test. You can access a test via: [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus-covid-19)

**3. Action to take if your child receives a positive LFT or PCR result:**

If your child receives a positive PCR result or a positive LFT test result (whether they have symptoms or not) then they must isolate.

Anyone who **does not** have any symptoms of Covid-19 but tests positive on an LFT test does not need to get a follow-up PCR test. They must register their LFT test on the

Government website and self-isolate immediately.

Regardless of any negative LFT test, if your child has **any of the symptoms of covid-19 they must also have a PCR test**. If they do not have a PCR test, they will have to self isolate for 10 days and will not be able to return to school during this time.

#### **4. Self isolation guidance**

It is now possible to end self-isolation after 5 days, following 2 negative LFD tests taken 24 hours apart. Those who have 2 consecutive negative tests on day 5 and 6 can return to school as long as they do not have a temperature.

If LFT tests are still positive on day 10, local advice is that the person should continue to isolate and take a daily LFT test, if a negative test is received on days 11, 12, 13 or 14, the person can return to school. If the LFT test is still positive on day 14, the person can stop isolating the following day.

The latest guidance on self isolation can be found at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

#### **5. How to keep your family and others safe:**

We would like to remind you of the things you can do to keep your family and others as safe as possible.

- Get vaccinated- everyone aged 12 and over can now book a vaccination via <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/> Take part in regular LFT testing - school staff, secondary aged pupils and household members of any school age child should continue with twice weekly home testing. LFT testing is most effective at identifying people with the virus when they are at their most infectious period.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside
- Wear a face covering if aged 11 and over when it's hard to stay away from other people – particularly indoors or in crowded places.

#### **If you have been in contact with someone with COVID-19**

- Limit close contact with other people outside the household, especially in enclosed spaces
- Stay away from people who are clinically vulnerable as much as possible
- Limit contact with anyone who is clinically extremely vulnerable.

#### **If anyone in your household develops COVID-19 symptoms**

- The three main symptoms of COVID-19 are:

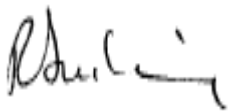
- New continuous cough and/or
- High temperature and/or
- Loss of or change in normal sense of taste or smell.

Anyone with any of these symptoms should stay at home and arrange a PCR test. If the test result is positive, the person must self-isolate. Follow the [Stay at Home: guidance for households with possible or confirmed COVID-19.](#)

**Please remember that your child should not come to school if unwell.**

We appreciate all you are doing to help keep your family and the wider school community safe at this time and thank you for your support.

Kind regards,



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**Director of Public Health**  
**GMC 3664801**